



Thank you for your registration at Oregon Camp Cedarbrook! We are excited to have your child join us this summer.

Enclosed in this packet is information for you on how to get to camp and all the necessary information for camp.

In this packet you will find:

- Directions to Camp
- Camper Clue
 - Please read all of the camper clue information as it has information regarding COVID-19 questions at check in.
- Changes for Camp 2021 due to COVID-19 Regulations
 - This information may change, as the guidelines are not released and this information is based on the guideline draft sent out.

If you complete all forms online and pay 100% of the balance due on your invoice by June 15th, you are eligible for Express Registration at Camp when you check-in, which is a lot shorter line at Registration. Registration will start at 2pm.

See our CLUE for more details.

If you wish to mail in a payment, (after paying the \$10 registration fee Online), you may mail payment to:

Oregon Camp Cedarbrook
13675 SW 24th Street
Beaverton, OR 97008

Please don't hesitate to reach out to me if you have any other questions and we look forward to seeing you at Camp!!

God Bless,
Dwight Larabee
Oregon Camp Cedarbrook, Registrar
registrar@oregoncampcedarbrook.com

Oregon Camp Cedarbrook
13675 SW 24th Street
Beaverton, OR 97008

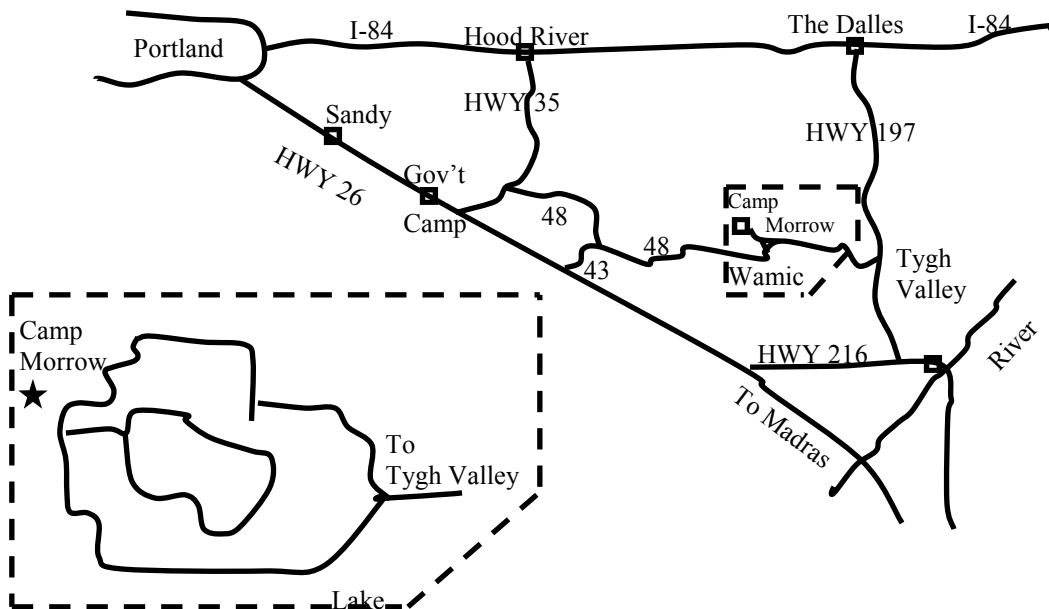
Directions To...



... At Camp Morrow

Choose from one of the following routes –

- 1) Take I-84 to The Dalles to Hwy. 197. Take Hwy. 197 south to Tygh Valley. Turn right at Tygh Valley and follow the signs west to Wamic on Wamic Market Road. In Wamic, continue west past Wamic Community Church and follow the signs to Camp Morrow (3 mi.). The camp is located on the southwestern shore of Pine Hollow Reservoir west of Wamic. (Allow 45 minutes travel time from The Dalles.)
- 2) Take Highway 26 over Mt. Hood past Government Camp to Highway 35 (Hood River Highway). Turn right into the White River Highway (Hwy. 48). Turn right into the White River East Snowpark. Highway 48 begins at the far end of the snowpark. Follow Highway 48 to Wamic. Turn left at the stop sign in Wamic and follow the signs to Camp Morrow. (Allow 1 ½ hrs. from Sandy – services are non-existent between Government Camp and Wamic.)
- 3) Take Highway 26 over Mt. Hood past Government Camp and south to Highway 216 towards Maupin. Follow Highway 216 (Wapinitia Hwy.) to the junction with Highway 197. Turn north (left) onto Highway 197. Turn left at the Tygh Valley turnoff and follow Wamic Market Rd. to Wamic. In Wamic, continue west past Wamic Community Church and follow the signs to Camp Morrow (3 mi.). (Allow 2 hrs. from Sandy – services are limited between Government Camp and Tygh Valley.)



REGISTRATION BEGINS

*Sunday, June 20th
@ 2 p.m.*

If you arrive before 2pm, you will be asked to leave and return at 2pm, as we are in staff training.

Express registration will be available at 2pm for all those campers whose forms are completed, all camp fees paid and received no later than June 15th.

Camp Through the Decades
Friday Night Dress Up Dinner
Come dressed up in your favorite decade, or wear your oldest camp shirt.



WHAT TO BRING

- Comfortable camp clothes for warm weather
- Comfortable camp clothes for cool weather
- Warm jacket (required as we will be eating all meals outside this year)**
- Sweatshirt
- Rain gear
- 2 pair of shoes At least one pair should be sturdy & closed toe for walking and hiking.
- Modest** swimsuit (see below)
- Underwear
- Socks
- Pajamas
- Personal items: Soap, Toothbrush, Toothpaste, Towel, Shampoo, Washcloth, etc.
- Chapstick, Bug Spray, & Sunscreen
- Water Bottle **(required this year)**
- Warm sleeping bag or bed roll
- Pillow & extra blanket
- Bible
- Pencil
- Notepad
- Stamped & addressed envelopes
- Camera
- Mask for when you can't maintain social distancing and for check in/out

Please mark all items with camper name!

Please use modesty and discretion in your choice of clothing & swimwear (no bikinis), no bare midriff, no exposed cleavage or undergarments. Straps on shirts must be 3 fingers wide and inseams at least 3 inches.

WHAT NOT TO BRING

- Knives
- Electronic Devices (i.e. cell phone, electronic games, CD player, IPod, etc.)
- Playing Cards
- Pop, Candy, Gum
- Pets
- Illegal substances (alcohol, recreational drugs, tobacco)
- Weapons of any kind

If you're not sure leave it home!

Oregon Camp Cedarbrook cannot be held responsible for loss or damage to personal vehicles or personal sports equipment.

HEALTH CARE/FIRST AID

A Camp Nurse is on duty at all times providing first aid, medication administration, and lots of TLC.

Over-the-counter medicines will be administered as needed based on the Camp Physician's standing orders and the nurse's assessment of the situation.

Please send only vitamins and/or prescription medications in original labeled containers with your camper.

A health screening, including COVID-19 questions, temperature check and a head lice check, is conducted with **each** camper during registration.

Oregon Camp Cedarbrook carries secondary medical insurance for injuries occurring at camp, after your primary insurance coverage has been used.

You will be contacted by the Camp Nurse if your child becomes ill or injured to the point where outside medical intervention appears necessary.

QUESTIONS?

Contact:

Camp Director

Marjie "Tweety" Randall
director@oregoncampcedarbrook.com

Registrar, Dwight Larabee

registrar@oregoncampcedarbrook.com

NOTE: The Camp Director reserves the right to ask a camper to remove any body piercing, and cover any tattoo or bare skin that is considered to be offensive or a distraction to other campers.

CAMP ENDS

**Saturday, June 26th
@ 12 p.m.**

Plan to pick up your child
NO LATER THAN 1pm

Exceptions must be **prearranged and approved** by the Camp Director.

CAMPER ADDRESS

Camper's Name
OCC@Camp Morrow
79551 Morrow Rd.
Wamic, OR 97063

PHONE

(for emergencies only)

(541) 544-2971

Between 7A.M. – 8 P.M.

No outgoing calls are allowed. We will contact you in the case of an emergency condition at camp.



MONEY

CAMP STORE MONEY: Campers deposit spending money during registration in their *Camp Store Account*, and draw from it like a debit card when they shop at the camp store. T-shirts, sweatshirts, novelties, snacks, pop stamps and personal items are available. Usually \$20-\$35 is an adequate amount.

MISSIONS OFFERING:

Every year we do a mission project, and information will be displayed at registration. If you would like to participate add this amount to your *Camp Store Account*. You will be given an opportunity to designate your offering amount. It will then be deducted like any other purchase from your available funds.

VISITORS

No visitors are allowed during the week unless pre-arranged at **least 1 week in advance** and cleared with Camp Director.



DIETARY NEEDS

If your camper has food allergies and/or has a special diet, you will be asked to input that while registering for camp, but we also asked you alert our registrar at:

registrar@oregoncampedarbrook.com

TRANSPORTATION

You are responsible for your camper's transportation to and from camp. A map is enclosed.

If you are not picking up your own child, please make sure the transporting adult's name is on the camper release form.

A LOUSY NOTE FROM THE CAMP NURSE

Head lice has been known to reach epidemic proportions in the schools and in our communities. In order to protect our campers, Oregon Camp Cedarbrook staff will be conducting head inspections for all incoming campers during the check-in process. We will be unable to register any camper on whom we find any sign of head lice, including egg cases (nits).

Please, please, please inspect your child's head at least one week before camp starts. If you discover any sign of head lice, this will give you time to treat and de-louse your child, and will save them the embarrassment and disappointment of not being admitted to camp.

Look primarily at the base of the neck along the hairline and around the ears for nits. Eggs are usually shiny white; it is very unusual to see the lice themselves, which are tiny and black. If you do find positive signs, call your pediatrician about treatment for head lice.

THANK YOU for your help! We want every camper to have a safe, healthy time at Oregon Camp Cedarbrook this summer.

See you soon,
Oregon Camp Cedarbrook Camp Nurse

COVID-19 Information

Registration and Check In

All campers and staff must verify that they are symptom free during the 14-day period prior to arrival, we ask that each family be truthful in answering the following questions, as to help keep all campers and staff well while at camp.

Upon arrival and at the beginning of registration, each family will need to answer the following questions:

1. Has the anyone in the household been exposed to a person with a positive case of COVID-19 in the past 14 days?
2. Has anyone in the household been exposed to a person with a presumptive case of COVID-19 in the past 14 days?
3. Has the adult or child experienced new loss of taste or smell, unusual cough, shortness of breath, or fever? "Unusual cough" means some thing not normal for this person (e.g., allergies, asthma) within the last 14 days?
4. Has the adult or child experienced muscle pain, headache, sore throat, diarrhea, nausea, vomiting, new nasal congestion, and unusual runny nose within the last 14 days?
5. Has the adult or child had a fever of 100.4 or higher in the last 48 hours?

Optional: If you would like to have your child tested for COVID-19 prior to camp you may do so, but it is not a requirement of attending camp.

COVID-19 Sickness Information:

If a youth or staff member exhibits or develops a new cough (e.g., unrelated to pre-existing condition such as asthma), fever, shortness of breath or other primary symptoms of COVID-19 during the day/class session, they will be separated from others and we will contact the family immediately and they will be sent home.

- While waiting for a sick child to be picked up, a staff member will stay with the youth in an area away from others. The staff member and child will be required to wear a face covering. The staff member should remain as far away as safely possible from the youth (preferably at least six (6) feet), while remaining in the same room or outdoor area.
- The sick youth or staff are strongly encouraged to get tested. If they test positive, or do not have testing performed, they must stay home for at least 10 days after illness started and until 24 hours after fever and COVID-19 symptoms (fever, cough, shortness of breath, and diarrhea) have resolved without the use of medication.
- If a child or staff member tests positive, those families who have children that were in direct contact (6 feet or less of 15 minutes or more) with the positive individual will be contacted and will most likely be required to go home. Oregon Camp Cedarbrook will work closely with the local Health Department what the next steps will look like. Those who have been vaccinated may not need to quarantine or leave camp.

If you have any questions or concerns please do not hesitate to contact our Camp Director Marjie "Tweety" Randall at director@oregoncampcedarbrook.com or call at 503-729-6946



Changes for Oregon Camp Cedarbrook 2021 due to COVID-19 Regulations

Stable Groups:

We are allowed to have campers mix within stable groups. So each age division will be a stable group, and we have reconfigured our schedule so that campers will not mix from different age groups.

Check In

We want to keep everyone at camp healthy, so we ask if you have ANY symptoms prior to coming to camp, to contact our Camp Director immediately.

*All campers and staff must verify that they are symptom free during the 14-day period prior to arrival, we ask that each family be truthful in answering the following questions, as to help keep all campers and staff well while at camp. **We ask you wear a mask during check-in/check-out, as it will be hard to keep individuals 6 feet apart.***

Upon arrival and at the beginning of registration, each family will need to answer the following questions:

1. Has the anyone in the household been exposed to a person with a positive case of COVID-19 in the past 14 days?
2. Has anyone in the household been exposed to a person with a presumptive case of COVID-19 in the past 14 days?
3. Has the adult or child experienced new loss of taste or smell, unusual cough, shortness of breath, or fever? "Unusual cough" means something not normal for this person (e.g., allergies, asthma) within the last 14 days?
4. Has the adult or child experienced muscle pain, headache, sore throat, diarrhea, nausea, vomiting, new nasal congestion, and unusual runny nose within the last 14 days?
5. Has the adult or child had a fever of 100.4 or higher in the last 48 hours?

Meals:

We will not be doing any family style dining this year. Our cooks and kitchen staff will serve all meals, via a buffet line. We will be eating all our meals outside (so bring a warm jacket as it can be cold in the morning). We will make sure campers from different stable groups do not mix while waiting in the buffet line as well. Each cabin will have a table outside to eat at outside, as we have a big lawn to spread out tables on. We also have alternate covered areas for meals in case of rainy weather.

Water Stations:

Camp Morrow has a water bottle filling station that is touchless. So we ask this year that every camper bring a water bottle (or you can purchase one when registering online or at check in).



Out Trips and Camp Outs

Due to COVID-19 Regulations, we could not figure out how to safely transport kids within stable groups, so this year we will be staying in camp and not going on out trips. We also did not know how we could safely cook dinner or breakfast over a campfire for all of camp, so we will not be doing that this year. We hope to have a few nights where campers can roast s'mores over the campfire! We will however have 1 night where all of camp will sleep out under the stars.

Masks:

Are masks required?



As of right now, the only time a mask is required for campers are during indoor activities (so we have planned all our activities to be outdoors) and if they come in contact with another stable group outside (in 6 feet or less contact), so that is why we will be doing all that we can outside and keeping stable groups separate. The only place they may need to wear a mask is when going to the restroom, as that would be the hardest place to maintain social distancing. Masks will also be required at check in and check out. If someone wishes to wear a mask any other time that is their choice. We will not be policing the wearing of masks.

Activities:

Will my child be able to do pick their activities this year?

YES! Due to having to keep activities within stable groups, each stable group will get a set of activities to sign up for. We will still offer activities like archery, canoeing, crafts and more, but we won't be offering beginning or advanced activities. Staff will tailor the activities to fit the group they have, making it advanced for those who have participated in the activities before. We want campers to be able to choose what activity they would like to do, but they will not have as many choices as they have had in the past, and will stay within a stable group.

Free Time:

Will you still have free time?

YES! However, it has changed a bit. We separated free time in 4 rotations, which are:

1. Quiet Time (in cabin resting on bunk)
2. Snack Shack, Game Deck, Gaga Ball
3. Mini Golf, Free Time Crafts, Big field Games
4. Waterfront (Swimming, canoeing, boating) and Fishing

Each rotation will be 45 minutes long, so that all age groups get to do free time activities, but stay within their stable groups.

Kapers

Will my child still be doing kapers (cleaning chores)?

Yes, but they will be modified to cleaning their cabin this year. With COVID-19 regulations, we will be working with our rental site and/or having our program staff work on cleaning the areas such as the dining hall and/or bathroom.